

## INDEPENDENCE HOUSE EARNS 5-STAR RATING

On December 18, 2008 Independence House received the highest rating of five stars in a nursing home comparison conducted by the Centers for Medicare & Medicaid Services (CMS). Ratings are calculated based on three components: health inspection ratings; quality measure ratings; and staffing ratings. Ratings for each component and the overall rating range from 1 star to 5 stars, with more stars indicating higher quality.

Independence House was the only facility in Fostoria to receive a five star rating.

CMS will conduct the nursing home five-star rating comparisons every month.

## I WAS THINKING

Independence House is hosting a seminar on April 27th at 2:30 p.m. Diana Waugh presents "I Was Thinking". Diana discusses ways to help people learn how to better communicate with their loved ones suffering with cognitive loss.

Diana's workbook will be available for purchase the day of the seminar, or visit her website at [www.WaughConsulting.info](http://www.WaughConsulting.info). Refreshments will be provided. Please RSVP to Darlene or Diane at 419-435-8505.

## BETTER THAN EVER THERAPY!

Independence House continues its tradition of excellence in physical therapy, occupational therapy, and speech therapy. Our staff of therapists have a total of more than 25 years' experience.

Sharon Fundum, PTA, graduated from Lima Tech and has worked in the skilled nursing setting for nine years. Her hobbies are horses and dogs.

Kim Lydick, MOT/OTR/L, graduated from Owens Community College and the University of

Findlay with a Bachelor of Health Science with emphasis in Occupational Therapy. Kim received her Mas-

ter's of Occupational Therapy in 2008. Kim has five years' experience in a skilled nursing facility. Kim also has experience with school-base community pediatrics; adult/geriatric psyche and non-traditional occupational therapy; and assessing cognition. Kim's interests include gardening, cooking, exercising, beading, and candle making.

Beth Kirian, PT, graduated from the University of Findlay with a Master's in Physical Therapy.

Beth has been with the Blanchard Valley Health System for over three years. Beth enjoys spending time with her husband and two children.

Val Vander Naald, MOT/OTR/L, graduated from Western Michigan University in 1975 and has worked in a variety of medical set-



L-R: Sharon Fundum, Kim Lydick, Val Vander Naald, Beth Kirian

tings. Val worked most recently for 12 years at Med-Central Health Systems with outpatient orthopedics/work related injuries. Currently, Val works at Independence House and Birchaven in the rehab department helping residents achieve their goals.

## COMING SOON

Dr. Jim Davidson will speak at Independence House on the topic of joint replacement. Dr. Davidson has many years' experience in the area of orthopedics. This seminar will give you the opportunity to obtain information and ask questions about joint replacement surgery.

This event is planned for June 2009. Watch the newspaper for further details.

## VISITING THE ELDERLY

Have some spare time? Why not consider being a volunteer? Our clients appreciate having someone to talk to, read to them, and just listen to their many stories from the past. Volunteers of any age are welcome. Clients especially enjoy young people.

Contact our Activities Director, Carol Jurrus, if you are interested in becoming a volunteer.

## OUR GOAL

*At Independence House we work actively with clients and caregivers to find and maintain the proper level of care for each individual.*

*For this reason, Independence House offers a wide range of services from independent, long-term, and 24-hour skilled nursing care, while maintaining a home-like environment.*

## FALL HOEDOWN HUGE SUCCESS

The Activities Department hosted a hoedown last September. Clients and families listened to blue grass music provided by Cliff Tyree, Maynard Holbrook, and Butch Mundy. The Frankart family brought farm animals to complete the hoedown

feel including a horse, bunnies, and piglets.



Upcoming events planned at Independence House include Mother's Day tea in May. Entertainment will be by harpist Julie Buzzelli.

A classic car show will be held on June 19 from 5:00 p.m. to 8:00 p.m.

Focusing On  
Independence

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Independence

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